

Estrogen Regulation of Human Osteoblast Function is Determined by the Stage of Differentiation and the Estrogen Receptor Isoform

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Abstract Although osteoblasts have been shown to respond to estrogens and express both isoforms of the estrogen receptor (ER α and ER β), the role each isoform plays in osteoblast cell function and differentiation is unknown. The two ER isoforms are known to differentially regulate estrogen-inducible promoter-reporter gene constructs, but their individual effects on endogenous gene expression in osteoblasts have not been reported. We compared the effects of 17 β -estradiol (E) and tamoxifen (TAM) on gene expression and matrix formation during the differentiation of human osteoblast cell lines stably expressing either ER α (hFOB/ER α 9) or ER β (hFOB/ER β 6). Expression of the appropriate ER isoform in these cells was confirmed by northern and western blotting and the responses to E in the hFOB/ER β 6 line were abolished by an ER β -specific inhibitor. The data demonstrate that (1) in both the hFOB/ER cell lines, certain responses to E or TAM (including alkaline phosphatase, IL-6 and IL-11 production) are more pronounced at the late mineralization stage of differentiation compared to earlier stages, (2) E exerted a greater regulation of bone nodule formation and matrix protein/cytokine production in the ER α cells than in ER β cells, and (3) the regulated expression of select genes differed between the ER α and ER β cells. TAM had no effect on nodule formation in either cell line and was a less potent regulator of gene/protein expression than E. Thus, both the ER isoform and the stage of differentiation appear to influence the response of osteoblast cells to E and TAM. *J. Cell. Biochem.* 83: 448–462, 2001. © 2001 Wiley-Liss, Inc.

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Estrogen (E) deficiency is the principal cause of postmenopausal osteoporosis and although

increased bone resorption by osteoclasts is the major mechanism responsible for this bone loss, direct effects of E on bone forming osteoblasts may also be important [Spelsberg et al., 1999]. For example, the action of numerous cytokines and hormones, including E, on osteoclast formation and activity are mediated in part via the osteoblast. Although estrogen receptors (ER) and E responses have been reported in primary osteoblasts and osteoblast cell lines, the generally small and often conflicting responses observed have been attributed to the low and variable ER concentrations in the model systems used [Ernst et al., 1991; Davis et al., 1994]. The discovery of a second ER isoform, ER β , in addition to the classical ER (ER α) has further added to the complexity of E responses and may

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explain the reports in the literature regarding the variable effects of E treatment on osteoblasts [Rickard et al., 1999].

The ER α and ER β isoforms are products of different genes and are most divergent in their N-terminal domains which possess transactivating activity and interact with other factors of the transcriptional apparatus [Kuiper and Gustafsson, 1997]. The two isoforms have been shown to exhibit different ligand binding affinities and tissue distribution [Kuiper et al., 1997], and, acting as homodimers, exert differential transcriptional regulation at E-responsive DNA elements and promoters [Paech et al., 1997; Saville et al., 2000]. In addition, one report has shown that under some circumstances ER β inhibits the transcriptional activity of ER α , possibly through ER α / β heterodimer formation [Hall and McDonnell, 1999]. Taken together, these findings suggest that the response of a cell to E is dependent, in part, upon the relative ratios of ER α and ER β and that the isoforms may perform different functions in cells.

In bone, ER α and ER β have been localized primarily to osteoblasts and growth plate chondrocytes, with lower levels in osteocytes and osteoclasts [Kusec et al., 1998; Vidal et al., 1999; Braidman et al., 2001]. However, despite their mostly overlapping pattern of expression in bone, adult mice with null mutations in either the ER α or ER β genes possess distinct skeletal abnormalities [Korach et al., 1997; Windahl et al., 1999], thereby confirming that both ER isoforms play important roles in the skeleton and are not functionally equivalent. In this regard, in osteoblasts it is unknown whether E elicits the same or different endogenous gene responses depending upon the ER isoform.

The expression levels for ER α and ER β have both been reported to increase during rat and human osteoblast differentiation in culture [Arts et al., 1997; Bodine et al., 1998]. That the strongest mRNA and protein expression for the ERs in bone tissue has been detected in differentiated osteoblasts opposed to the bone surface [Kusec et al., 1998; Vidal et al., 1999; Braidman et al., 2001], is therefore in agreement with findings *in vitro*. Moreover, differential gene regulation by E has been associated with the differentiation state in both rat and human osteoblast cells expressing ER α [Rao et al., 1994; Bodine et al., 1998]. However, it is

unknown whether similar changes in E responsiveness occur during the differentiation of osteoblasts expressing ER β .

The aims of this investigation were, therefore, to determine the effects of the differentiation state and the ligand (E vs. the selective estrogen receptor modulator tamoxifen [TAM]), on endogenous cellular and gene responses in human osteoblast cell lines stably transfected with ER α or ER β . Additionally, we sought to determine whether the ER α and ER β -mediated responses differ within the same stage of differentiation. The hFOB/ER cell lines used in this study are capable of complete differentiation from active cell proliferation, matrix synthesis following cessation of proliferation, and finally matrix mineralization [Robinson et al., 1997]. In this paper we have identified differentiation-dependent effects of E on several parameters in both ER α -expressing (hFOB/ER α 9) and ER β -expressing (hFOB/ER β 6) cells, including alkaline phosphatase activity and the production of interleukin (IL)-6 and IL-11. Additionally, differential responses to E and TAM were noted between osteoblasts expressing ER β compared with cells expressing ER α , particularly in the rate of formation of a mineralized matrix. Our data suggest that the response of human osteoblasts to E is affected both by the state of cell differentiation and the particular ER isoform present, as well as by species of the ligand and promoter composition.

MATERIALS AND METHODS

Materials

Cell culture reagents and steroids were obtained from Sigma Chemical Co. (St. Louis, MO), with the exception of the charcoal-stripped fetal bovine serum (FBS), which was obtained from HyClone Laboratories (Logan, UT). Neomycin G418 (geneticin) was purchased from Gibco Laboratories (Gaithersburg, MD), hygromycin B was purchased from Boehringer Mannheim (Indianapolis, IN), and zeocin was purchased from Invitrogen (Carlsbad, MA). The pure E antagonist, ICI 182,780, was a kind gift from Zeneca Pharmaceuticals (Macclesfield, Cheshire, England). The BCA kit for protein determination was obtained from Pierce (Rockford, IL), and the alkaline phosphatase enzyme assay kit was purchased from Sigma Chemical Co. The C-terminal propeptide of type

I collagen kit was obtained from Metra Biosystems (Mountain View, CA), and the human interleukin-6 (IL-6), IL-11, and macrophage-colony stimulating factor (M-CSF) kits were purchased from R&D Systems (Minneapolis, MN). The ER β -selective antagonist R,R-tetrahydrochrysenone (THC) has been described previously [Sun et al., 1999]. Recombinant human ER α and ER β were purchased from Panvera (Madison, WI). The monoclonal antibody to the N-terminal domain of ER α was from Immunotech (Marseilles, France), and the polyclonal antibody to an N-terminal peptide of human ER β was from Upstate Biotechnology (Lake Placid, NY). Horseradish peroxidase (HRP)-conjugated secondary antibodies were purchased from Sigma Chemical Co., and the ECL chemiluminescence detection reagent, and [α - 32 P]-radiolabeled dCTP and dTTP were purchased from Amersham Pharmacia (Piscataway, NJ).

Cell Culture

hFOB 1.19 cells were maintained in DMEM-F12 medium supplemented with 10% (v/v) FBS and 300 μ g/ml geneticin [Harris et al., 1995a]. hFOB/ER α 9 cells, derived from the ER-negative hFOB 1.19 cells, contain a stably transfected ER α expression vector with the hygromycin B resistance gene, and were cultured as previously described [Harris et al., 1995b]. The hFOB/ER β 6 cell line was derived from the hFOB 1.19 line by stable transfection with the ER β expression construct, pZeoER β . The vector pZeoER β was generated by inserting the human ER β 1 truncated transcript [Moore et al., 1998] into pZeoSV2(+) (Invitrogen). hFOB 1.19 cells were transfected with pZeoER β or pZeoSV2 by electroporation. After 48 h, selection of positive transfectants was initiated by culturing in medium supplemented with zeocin (500 μ g/ml). Selection was maintained for 2 weeks, at which time individual colonies were obtained by ring-cloning and maintained in medium containing, alternately, either 250 μ g/ml zeocin or 300 μ g/ml geneticin. For all experiments, the hFOB/ER cells were grown in medium containing 10% (v/v) charcoal-stripped FBS with either 100 μ g/ml hygromycin (hFOB/ER α 9 cells) or 250 μ g/ml zeocin (hFOB/ER β 6) on an alternating feeding schedule with 300 μ g/ml geneticin, with medium changes every other day. Experiments with the parental hFOB cells were performed in medium supple-

mented with 10% (v/v) charcoal-stripped FBS and 300 μ g/ml geneticin.

Northern Analysis

Cells were plated at 2×10^6 cells in 6 cm dishes and grown to confluence. Upon confluence, cells were harvested and total RNA was isolated using a phenol/guanidine isothiocyanate extraction method. Ten microgram of total RNA was denatured in glyoxal/dimethyl sulfoxide buffer and separated on a 1% (w/w) agarose-glyoxal gel. Northern blots were prepared and probed as described previously [Harris et al., 1995b]. ER β mRNA levels were assessed using a cDNA fragment isolated from the pZeoER β vector. Northern blots were exposed to phosphorimager screens for 12–24 h and then scanned on a Storm 840 phosphorimager (Molecular Dynamics, Sunnyvale, CA). Loading and integrity of RNA was confirmed by hybridization with a glyceraldehyde 3-phosphate dehydrogenase (GAPDH) cDNA probe.

Western Blotting for ER α and ER β

Whole cell lysates were prepared from confluent cells in RIPA buffer [1X phosphate buffered saline, 1% (v/v) Nonidet P-40, 0.5% (w/v) sodium deoxycholate, 0.1% (w/v) SDS] containing protease inhibitors. Protein aliquots (50 μ g for ER α detection, 100 μ g for ER β detection) were separated by SDS-PAGE under reducing conditions and transferred to nitrocellulose by electroblotting. Membranes were blocked in blotto [1X Tris-buffered saline (TBS), 0.05% (v/v) Tween-20, 5% (w/v) nonfat dried milk] overnight at 4°C. Detection of ER α was performed using a monoclonal antibody specific for the ER α N-terminal domain, diluted to 5 μ g/ml in blotto. ER β was detected with a polyclonal antibody to an N-terminal peptide of human ER β , diluted to 2 μ g/ml in TBS, 0.05% (v/v) Tween-20, and 2% (w/v) nonfat dried milk, for 2 h at room temperature. After incubation with the appropriate HRP-conjugated secondary antibody, the reactive proteins were visualized by chemiluminescence. Antibody specificity was confirmed by including purified recombinant ER α and ER β proteins.

Mineralized Matrix Staining

Cells were plated at 8.6×10^4 cells per well in 12-well dishes and cultured to confluence. Upon

confluence (day 1), cells were treated with one of the following: ethanol vehicle, 10^{-8} M 17 β -estradiol (E), 10^{-8} M tamoxifen (TAM), or 10^{-8} M ICI 182,780 (ICI). Each treatment was performed in triplicate. At the indicated time in postconfluent culture, cells were fixed with 1% (w/v) paraformaldehyde in TBS (20 mM Tris, pH 7.4, and 0.15M NaCl) for 10 min, and stained by the Von Kossa procedure by a modified method of Schenk et al. [1984], as described previously [Robinson et al., 1997]. Mineralized nodules were photographed using a Nikon Diaphot 300 inverted microscope (Nikon Corp., Melville, NY). For Alizarin red staining, cells were fixed with 70% (v/v) ethanol for 1 h, rinsed with water, and then stained with 40 mM alizarin red S, pH 4.2, for 10 min. Following several rinses with water, the stain was then solubilized with 10% cetylpyridinium chloride in 10 mM sodium phosphate, pH 7.0. Relative quantitation of staining was performed spectrophotometrically by measuring absorbance at 562 nm.

Bone Matrix Protein and Cytokine Assays

Cells were plated at 8.6×10^4 cells per well in 12-well dishes and cultured to confluence. Upon confluence (day 1), cells in triplicate wells were treated with ethanol vehicle, 10^{-8} M 17 β -estradiol, 10^{-8} M tamoxifen or 10^{-8} M ICI 182,780 for up to 21 days. At the given time point in postconfluent culture, indicated in the figure legends, cells were harvested, and whole cell lysates were assayed for total protein using the BCA method (Pierce) and for alkaline phosphatase using the reagents from Sigma. Media were collected and assayed by ELISA for human IL-6, IL-11, TNF α , and M-CSF. Media from duplicate plates were also collected and concentrated for analysis of the C-terminal propeptide of type I collagen. All protein kit analyses were performed according to manufacturers' instructions using the standards provided.

Data Analysis and Statistics

All data are expressed as the mean \pm SEM, and are generally presented as the percent of ICI control value. Statistical significance was analyzed using the non-paired Students' *t*-test. A value of $P < 0.05$ was considered to be statistically significant. In the figures statistical significance is indicated by: * $P < 0.05$, ** $P < 0.01$, and *** $P < 0.001$.

RESULTS

Analysis of Estrogen Receptor Expression in hFOB/ER Cell Lines

To confirm the expression of the transfected receptors, northern analysis was performed on all clones surviving antibiotic selection and continued culturing. Figure 1 shows representative gels displaying the relative mRNA expression of ER α and ER β in the two hFOB/ER cell lines selected for these studies. The hFOB/ER α 9 cells represent the ER α -positive cell line, and have been described previously as the hFOB/ER9 cell line [Harris et al., 1995b]. This cell line exhibits numerous responses to E [Kassem et al., 1996; Robinson et al., 1997]. As described in the Methods Section, the hFOB/ER β 6 cell line was developed from the resistant clones following transfection with the ER β expression vector and was selected for its relatively high expression of ER β mRNA.

The presence of receptor proteins in the two hFOB/ER lines was determined by Western blot analysis of whole cell lysates using ER isoform-specific antibodies. As shown in Figure 2A, a single band of approximately 65 kDa that comigrates with recombinant ER α is readily detected in hFOB/ER α 9 cells, but not in the

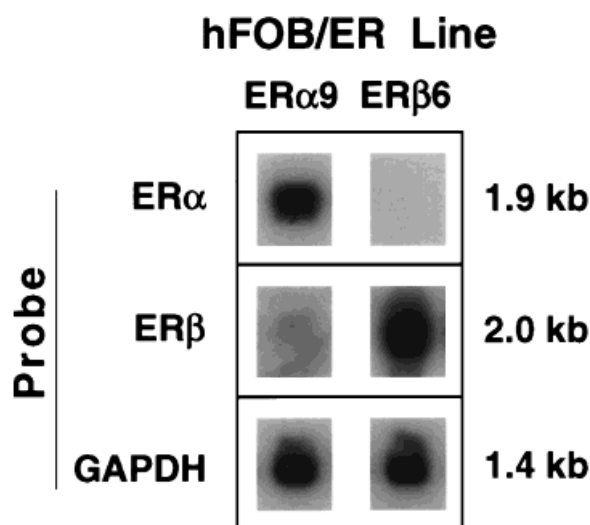


Fig. 1. Northern blot analysis of ER α and ER β mRNA levels in hFOB/ER α 9 and hFOB/ER β 6 cell lines. Total RNA (10 μ g) from hFOB/ER cells was subjected to northern analysis and membranes probed for expression of ER α , ER β , and GAPDH as described in the Materials and Methods. The size of each transcript in kilobases (kb) is indicated on the right. Representative gels are shown.

hFOB/ER β 6 cells. Figure 2B shows that an anti-ER β antibody recognizes a major protein band of approximately 60 kDa in hFOB/ER β 6 cells, vaginal tissue, and LNCAP prostate carcinoma cells. This band is also detected in the parent hFOB cell line, although at lower intensity. Similar results are obtained with several other ER β antibodies, both commercial and recently prepared by our laboratory, and which generally possess low affinity and poor specificity for ER β .

The hFOB/ER β 6 Cells Exhibit Functional ER β Receptors

In addition to detecting transcripts and protein for ER β in the hFOB/ER β 6 cells, the ER β receptors were also demonstrated to be functional using the ER β -specific antagonist, R,R-tetrahydrochrysenes (THC) [Sun et al., 1999]. THC is an agonist with ER α , acting like

estradiol, but acts as an antagonist with ER β . Treatment of both hFOB/ER α 9 and hFOB/ER β 6 cells with E inhibited the constitutive production of IL-6 (Fig. 3). An E-mediated inhibition of IL-6 synthesis has previously been demonstrated in the hFOB/ER α 9 cell line [Kassem et al., 1996] and in stromal/osteoblast cells [Girasole et al., 1992]. Cotreatment of hFOB/ER α 9 cells with E and THC had no effect on the E-mediated inhibition of IL-6 levels and, as expected, THC alone inhibited IL-6 production similar to the effect of E (Fig. 3). In contrast, cotreatment of the hFOB/ER β 6 cell line with E and a 300-fold molar excess of THC significantly reversed the inhibition of IL-6 induced by E, whereas THC added alone to these cells had little effect on IL-6 production. These results demonstrate that the effect of E on IL-6 production by hFOB/ER β 6 cells is mediated through ER β and not through ER α and that the

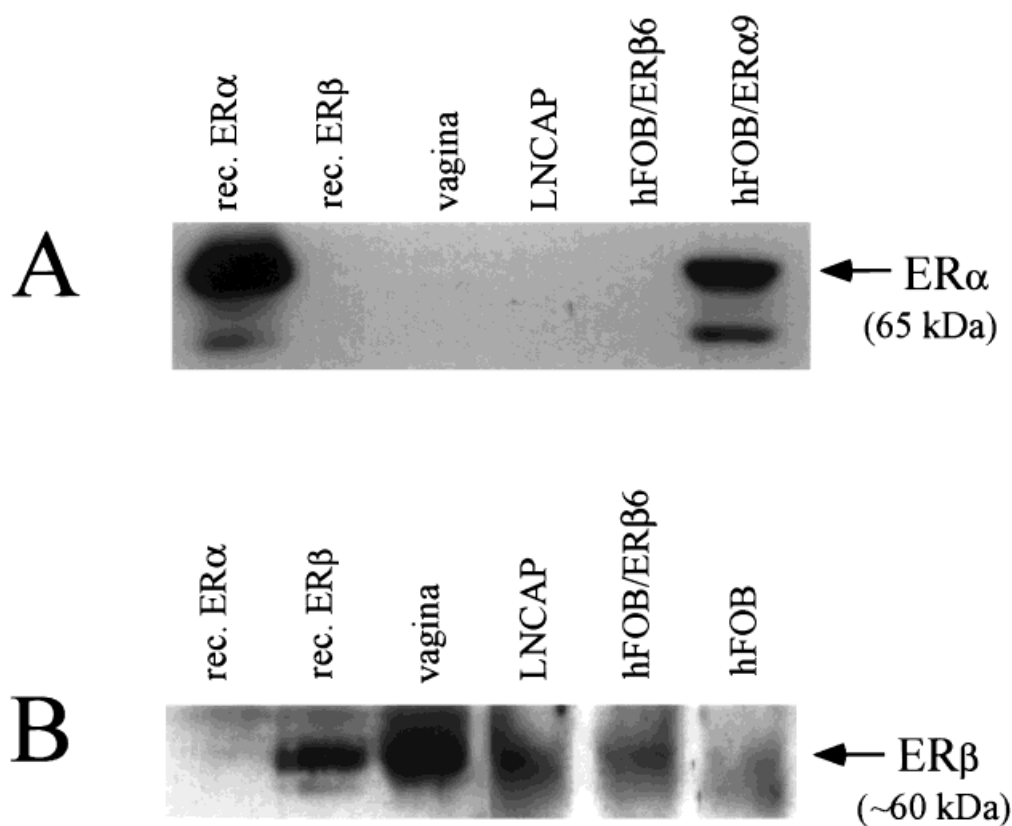


Fig. 2. Western blot detection of ER α and β proteins in hFOB/ER cell lines. Proteins in whole cell lysates were separated by SDS-PAGE and transferred to nitrocellulose. ER α was detected in 50 μ g of lysate using a specific monoclonal antibody (A) and ER β was identified in 100 μ g of lysate using a polyclonal antibody (B). Lysates prepared from LNCAP cells and human vaginal tissue were used as positive controls for the expression of ER β . Antibody specificity was verified with recombinant human ER α (50 ng) and ER β (540 ng) proteins.

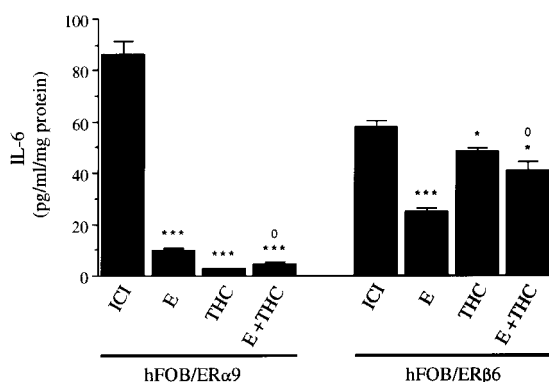


Fig. 3. An ER β -selective antagonist reverses the E-mediated inhibition of IL-6 production in hFOB/ER β 6 cells but not in hFOB/ER α 9 cells. Cells were cultured to confluency in 12-well plates and then treated for 4 days with either ICI 182,780 (ICI, 10^{-8} M), 17 β -estradiol (E, 10^{-9} M), R,R-tetrahydrochrysen (THC, 3×10^{-7} M) or E+THC in medium containing charcoal-stripped FBS. The medium was changed and fresh treatments added after 2 days of stimulation. At the end of the treatment period IL-6 and total protein were assayed in the conditioned medium and cell layers, respectively. Values for IL-6 are given as the mean \pm SEM of triplicate treatments and are normalized for cell protein. Statistically significant differences between each treatment and the ICI control level is indicated by asterisks whereas a significant difference between E+THC and E alone is indicated by '°', where $P < 0.05$. Data are representative of two (hFOB/ER α 9) and three (hFOB/ER β 6) separate experiments.

expressed ER β in this cell line is biologically active.

Mineralized Nodule Formation in hFOB and hFOB/ER Cell Lines Treated With Estrogen, Tamoxifen and ICI 182,780

The ability of the hFOB, hFOB/ER α 9, and hFOB/ER β 6 cells to produce mineralized nodules in culture was then determined. As described previously to promote mineralized matrix deposition, cultures were maintained for several days past confluency to suppress the synthesis of the SV40 large T antigen immortalization protein and induce a mature osteoblast phenotype [Harris et al., 1995b; Robinson et al., 1997]. As shown by the presence of nodules that are intensely stained by the Von Kossa technique (Fig. 4), the hFOB/ER β 6 cells deposit a mineralized extracellular matrix by 12 days postconfluency (Fig. 4), as do the parent hFOB cells (not shown). However, the hFOB/ER α 9 cells required between 18 and 21 days of postconfluent culture for mineralization to occur. Continuous treatment of hFOB/ER α 9 cells with E significantly inhibits nodule formation so that only minimal mineralization is evident even by day 21 of postconfluent culture.

Interestingly, treatment of hFOB/ER α 9 cells with the E antagonist ICI increases the rate of nodule formation, resulting in mineralization by day 12, comparable to that in the parent hFOB cultures. These results suggest that residual E in charcoal-stripped FBS and/or ligand-independent activation of ER results in some degree of ER α signaling in hFOB/ER α 9 cells. TAM also reduces mineralized matrix deposition in hFOB/ER α 9 cells but is considerably less potent than E (Fig. 4), consistent with the weak agonist character of TAM in bone. An inhibition of mineralized matrix deposition with E treatment was also observed in other hFOB/ER α cell lines possessing slightly different levels of ER α protein (data not shown). Neither E nor TAM has any effect on mineralized matrix formation in the parent hFOB cell line (data not shown) or in hFOB/ER β 6 cells (Fig. 4).

In addition, cell lines containing the corresponding empty expression vectors for ER α and ER β , hFOB/pHyg and hFOB/pZeo, respectively, which serve as controls for the presence of vector, display the same chronology of mineralization as the parent hFOB cells. Furthermore, E, TAM, and ICI treatment of the vector control cells does not alter the rate of matrix mineralization (data not shown), demonstrating that the regulation observed in the ER-expressing lines is not due to the vector transfection.

Quantitation Time Course Of Mineralized Matrix Formation in hFOB and hFOB/ER Cell Lines Treated With Estrogen, Tamoxifen and ICI 182,780

To quantitate the differences between the cell lines in their ability to synthesize a mineralized matrix, the above experiments were repeated with alizarin red staining and quantitation of the mineralization by solubilization of the cell layers and matrix. Figure 5 shows the effects of E, TAM, and ICI on the deposition of a mineralized matrix in the parent hFOB line and in the two hFOB/ER cell lines by measurement of the Alizarin red staining. Using this technique, treatment with E, TAM or ICI shows no significant effect in the hFOB and hFOB/ER β 6 cells (Fig. 5A, B), in agreement with the results of Von Kossa staining. However, in the hFOB/ER α 9 cells, treatment with E and TAM significantly inhibits mineralization prior to day 14 of culture when compared with ICI treatment

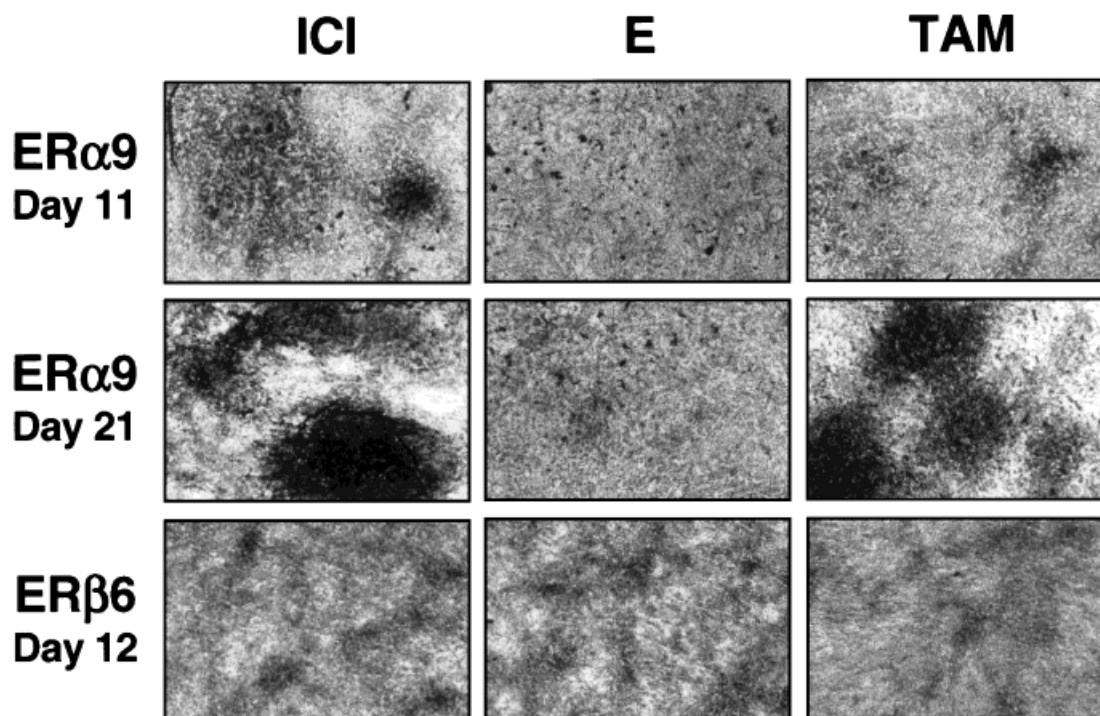


Fig. 4. Effect of estrogen, tamoxifen and ICI 182,780 on mineralized nodule formation in the hFOB/ER cell lines. Cells were plated at 8.6×10^4 cells per well in 12-well dishes and grown to confluence in medium containing charcoal-stripped FBS. At confluence (day 1), the medium was changed and cells treated with ICI 182,780 (ICI, 10^{-8} M), 17 β -estradiol (E, 10^{-8} M)

or tamoxifen (TAM, 10^{-8} M). At the indicated time, cells were fixed and stained for mineralized matrix by the Von Kossa procedure and visualized by light microscopy. **(A)** hFOB/ER α 9 cells at day 12, **(B)** hFOB/ER α 9 cells at day 21, **(C)** hFOB/ER β 6 cells at day 12. Magnification $\times 25$.

(Fig. 5C). These data further support that E agonists prevent the formation of mineralized nodules in hFOB/ER α 9 cells but not in hFOB/ER β 6 cells.

Since the major goal of this investigation was to examine the effect of differentiation on E responsiveness in the two hFOB/ER cell lines, it was necessary to identify the different differentiation stages in these cells. Based on the results presented in Figures 4 and 5, and on findings from a previous investigation performed in this laboratory [Harris et al., 1995b], mineralization is first detected in control-treated hFOB and hFOB/ER β 6 cultures between 2 and 4 days postconfluency. Matrix mineralization subsequently increases and by days 10–12 in postconfluent culture there is intense mineral deposition (Fig. 5A, B). In contrast, mineralization in control (ICI-treated) hFOB/ER α 9 cells begins at approximately day 6 of postconfluent culture and the matrix does not become heavily mineralized until around day 18 (Figs. 4 and 5C). Therefore, the stages of osteoblast differentiation represented by these

cultures [namely, matrix synthesis/premineralization (early), matrix maturation/early mineralization (middle), and late mineralization (late)] occur at different periods of postconfluent culture in the two hFOB/ER cell lines. Consequently, and as shown in Figure 5, time points representing these different differentiation stages (henceforward referred to as early, middle and late differentiation stages) were chosen as days 4, 11, and 21 for the hFOB/ER α 9 cells and days 3, 6, and 12 for the hFOB/ER β 6 cells. In addition, because of the suspected activation of ER α occurring in the hFOB/ER α 9 cells in the absence of added hormone, in all subsequent experiments the effect of E and TAM treatment was compared to cells treated with ICI. Since treatment of hFOB/ER cell lines with ICI generally had only minor effects on the various parameters measured compared with the effects of E and TAM, the same responses are observed when expressed relative to the vehicle treated or ICI treated value, except for the regulation of alkaline phosphatase activity (see below).

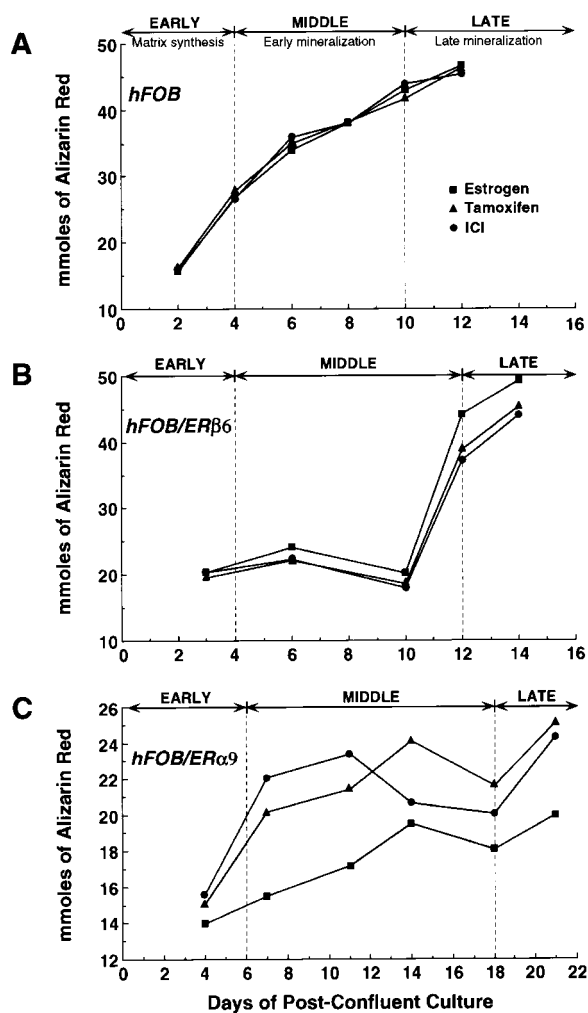


Fig. 5. Quantitation of matrix mineralization during differentiation of hFOB and hFOB/ER cell lines. Cells were plated and treated from confluence (day 1) with either 17β -estradiol, tamoxifen or ICI 182,780 (10^{-8} M) as described in Figure 4. At the indicated time, the amount of mineralized matrix deposited was determined by measurement of Alizarin Red staining. Based upon these time-courses, the matrix synthesis/premineralization (early), early mineralization (middle) and late mineralization (late) stages of differentiation were identified for the two hFOB/ER cell lines under ICI-treated conditions. (A) hFOB, (B) hFOB/ER β 6, and (C) hFOB/ER α 9.

Regulation of Alkaline Phosphatase Activity by Estrogen and Tamoxifen in hFOB/ER Cells

Alkaline phosphatase (AP) is a widely used marker of osteoblast differentiation whose expression is induced after cessation of proliferation and increases during further differentiation and the early stages of mineralization [Owen et al., 1990; Robinson et al., 1997]. In premineralizing cultures, the AP activity in hFOB/ER α 9 cells is approximately 50% of that

measured in hFOB/ER β 6 cells. However, the AP activity increases in both cell lines to reach a comparable level of around $0.65 \mu\text{moles/mg}$ protein in late mineralizing cultures. AP activity has previously been shown to be induced by E in hFOB/ER α 9 cells and in certain other osteoblast lines [Majeska et al., 1994; Robinson et al., 1997]. As shown in Figure 6A, E causes a dramatic stimulation of AP activity in hFOB/ER α 9 cells at each differentiation stage. When expressed relative to the activity in ICI-treated cultures, treatment with E produces a 3-fold greater induction at the late differentiation stage (late mineralization) compared to the early (matrix synthesis/premineralization) and middle (matrix maturation/early mineralization) stages. However, this effect of differentia-

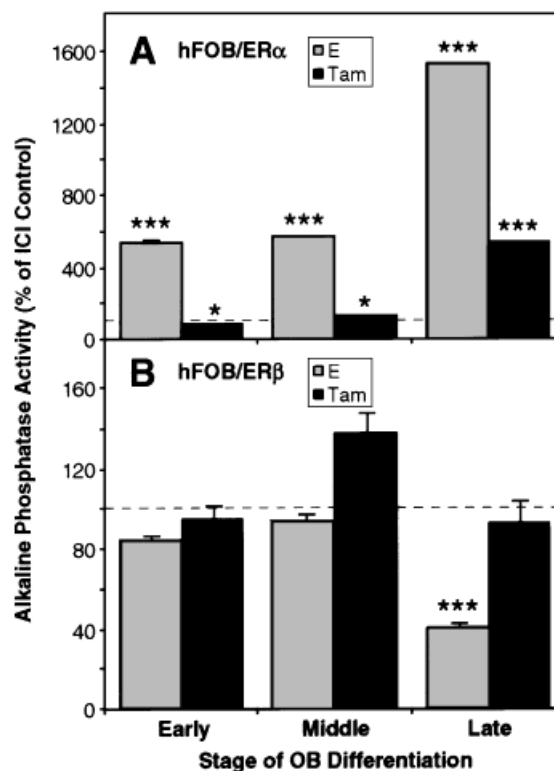


Fig. 6. Regulation of alkaline phosphatase activity by estrogen and tamoxifen in hFOB/ER cells. The cells were cultured and treated with either 17β -estradiol, tamoxifen or ICI 182,780 (10^{-8} M) as described in Figure 4. At the early, middle and late differentiation stages identified in Figure 5 (corresponding to days 4, 11, and 21 of postconfluent culture in hFOB/ER α 9 cells and to days 3, 6, and 12 of postconfluent culture in hFOB/ER β 6 cells), the cell layers were harvested and assayed for alkaline phosphatase activity and total protein. The data are expressed as the percent of ICI-treated control cultures after normalizing for total protein content, and are presented as the mean \pm SEM of triplicate determinations. (A) hFOB/ER α 9 cells, (B) hFOB/ER β 6 cells.

tion is not apparent when the AP activity is expressed relative to vehicle-treated cells. TAM shows little effect on AP activity in the early and middle stages of differentiation but increases AP 5-fold over that in ICI-treated cells at the late stage, consistent with TAM acting as a weak E agonist in bone. In the hFOB/ER β 6 cells, while no increase in AP activity with E treatment is observed in the early and middle stages, E actually decreases AP levels by 60% during the late mineralization stage compared with either ICI or vehicle treated cultures (Fig. 6B). TAM has no effect on AP activity in hFOB/ER β 6 cells.

Regulation of Type I Collagen Production by Estrogen and Tamoxifen in hFOB/ER Cells

Type I collagen (Col I) is the major collagen produced by osteoblasts and deposited in the bone matrix. Synthesis of Col I has been shown to be regulated by E in certain osteoblastic cells in vitro including hFOB/ER α 9 cells [Ernst et al., 1989; Robinson et al., 1997]. In our studies, the basal level of Col I production in the hFOB/ER β 6 cells is 2-fold greater than in the hFOB/ER α 9 cells at all stages (data not shown). As shown in Figure 7A, treatment with E significantly increases Col I production in hFOB/ER α 9 cells, but only during the middle stage of differentiation. A trend towards increased Col I production in the middle stage is also seen with TAM but this effect is not statistically significant. Neither E nor TAM modulates Col I production in hFOB/ER β 6 cells during early and middle stages of differentiation, and only a slight, nonsignificant, inhibition is observed at the late stage (Fig. 7B).

Regulation of Cytokine Production by Estrogen and Tamoxifen in hFOB/ER Cells

Similar studies were performed with interleukin (IL)-6, IL-11, tumor necrosis factor- α (TNF α), and macrophage-colony stimulating factor (M-CSF). These cytokines have been implicated in mediating the increased bone resorption caused by E deficiency via increased osteoclast formation and activity [Manolagas and Jilka, 1995]. As shown in Figure 8, the regulation of the production of these cytokines by E in the hFOB/ER cell lines is differentiation stage-dependent. In hFOB/ER α 9 cells, both E and TAM significantly inhibit IL-6 production at all stages of differentiation although the inhibition is greater at the middle and late

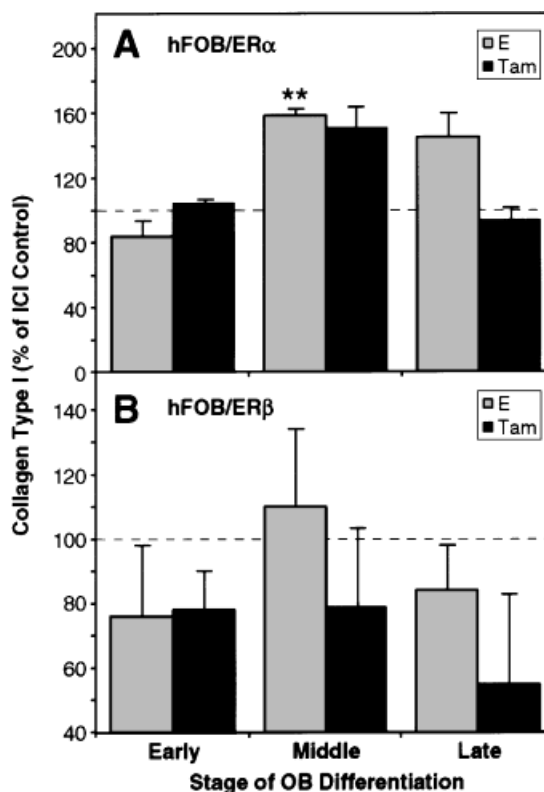


Fig. 7. Regulation of type I collagen production by estrogen and tamoxifen in hFOB/ER cells. The cells were cultured and treated with either 17 β -estradiol, tamoxifen or ICI 182,780 (10^{-8} M) as described in Figure 4. At the early, middle and late differentiation stages (corresponding to days 4, 11, and 21 of postconfluent culture in hFOB/ER α 9 cells and to days 3, 6, and 12 of postconfluent culture in hFOB/ER β 6 cells), the conditioned medium and cell layers were harvested and assayed for the C-terminal propeptide of type I collagen and total proteins, respectively. The data are expressed as the percent of ICI-treated control cultures after normalizing for total protein content, and are presented as the mean \pm SEM of triplicate determinations. (A) hFOB/ER α 9 cells, (B) hFOB/ER β 6 cells.

stages compared to the early stage (Fig. 8A, top panel). However, at all stages of differentiation E is a more potent inhibitor of IL-6 production than TAM. E also inhibits the production of IL-6 in hFOB/ER β 6 cells throughout differentiation, although the degree of inhibition is lower than that measured in the hFOB/ER α 9 cells (Figure 8A, lower panel). In the hFOB/ER β 6 cells, TAM modestly inhibits IL-6 production only in the late mineralization (late) stage.

The effects of E and TAM on the production of IL-11 in both hFOB/ER lines parallels, in general, their effects on IL-6. As shown in Figure 8B (top panel), IL-11 production is inhibited by E and TAM in hFOB/ER α 9 cells with a greater inhibition observed in more differentiated cells. Again, the inhibitory effect

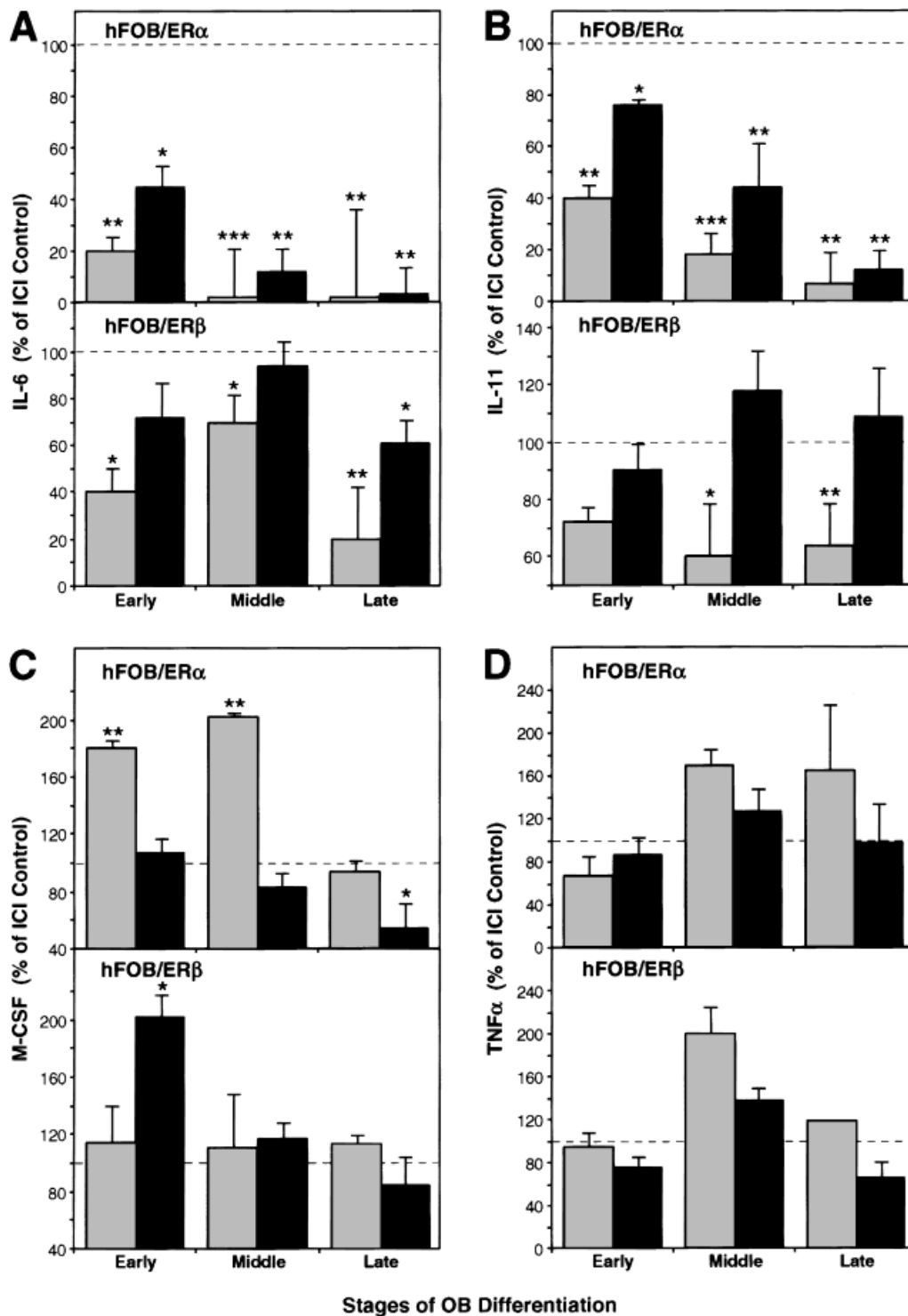


Fig. 8. Effect of estrogen and tamoxifen on cytokine production by hFOB/ER cells. The cells were cultured and treated with either 17 β -estradiol, tamoxifen or ICI 182,780 (10^{-8} M) as described in Figure 4. At the early, middle and late differentiation stages (corresponding to days 4, 11, and 21 of postconfluent culture in hFOB/ER α 9 cells and to days 3, 6, and 12 of postconfluent culture in hFOB/ER β 6 cells), the conditioned medium and cell layers were harvested and assayed for cytokine

concentrations by ELISA and total proteins, respectively. The effects of E (gray bars) and TAM (black bars) treatment are presented as the percent of ICI-treated control cultures normalized for total protein content, and are the mean \pm SEM of triplicate determinations. For each cytokine, results for hFOB/ER α 9 cells are shown in the upper panel, and for hFOB/ER β 6 cells in the lower panel. (A) IL-6, (B) IL-11, (C) M-CSF, and (D) TNF α .

of TAM is weaker than that of E at all differentiation stages. In hFOB/ER β 6 cells, IL-11 production is inhibited by E only in the more differentiated cells, and TAM is ineffective at all differentiation stages (Fig. 8B, lower panel). These data on the actions of E and TAM on IL-6 and IL-11 production by osteoblasts again demonstrates the partial agonist activity of TAM in these cells when acting through ER α but not ER β . Identical responses in IL-6 and IL-11 production are observed when the effects of E and TAM are expressed relative to vehicle treated cultures.

In contrast to the inhibitory effect of E on IL-6 and IL-11 production by hFOB/ER α 9 cells, E stimulates the production of M-CSF in these cells at early and middle stages of differentiation (Fig. 8C, top panel). TAM inhibits M-CSF production by hFOB/ER α 9 cells only at the late stage. In hFOB/ER β 6 cells, M-CSF levels are unaffected by E but are stimulated 2-fold by TAM during the early stage of differentiation (Fig. 8C, lower panel). The effects of E and TAM on M-CSF production are the same when compared to either ICI or vehicle treatment.

TNF α production is not significantly affected by E or TAM at all stages of differentiation in both hFOB/ER α 9 and hFOB/ER β 6 cells (Fig. 8D). These latter findings demonstrate specificity in the response of both cell lines to the treatments.

DISCUSSION

The purpose of this investigation was to compare the ER α - and ER β -mediated effects of E and TAM on endogenous cellular and gene responses in osteoblasts, measured both within the same stage of differentiation and at different differentiation stages. Although the two ER isoforms produce differential regulation of both synthetic and native inducible promoters, as shown by transient transfection of nonosteoblastic cells with reporter gene constructs and ER expression vectors [Paech et al., 1997; Hall and McDonnell, 1999; Zou et al., 1999; Saville et al., 2000], their relative importance to endogenous target gene regulation and osteoblast function remains unknown. Using human fetal osteoblast cell lines stably transfected with either ER α or ER β we have been able to demonstrate that (1) the response of each cell line to E and TAM is dependent on the stage of differentiation, implying modulation of the ER

signaling pathway(s) by secondary factors, for e.g., the steroid receptor coregulators, and (2) during the same differentiation stage, the regulation of select genes/protein expression by E and TAM differed between the two lines, and thus exhibited an ER isoform specificity.

Each hFOB/ER cell line was shown to express only one or other of the ER isoforms at both mRNA and protein levels and, moreover, the response to E in the hFOB/ER β 6 cell line could be abolished by cotreatment with the ER β -selective antagonist, THC. Thus, the actions of E are mediated by a single ER isoform in each cell line, allowing the assessment of unique activities of ER α and β in human osteoblasts. This is in contrast to cells expressing both ER isoforms whose responses to E may differ from cells expressing either isoform alone because ER α and β are able to function as α/β heterodimers [Pace et al., 1997] and because ER β is capable of antagonizing the activity of ER α [Hall and McDonnell, 1999].

The regulation of expression of several proteins by E, e.g., IL-6, IL-11, and possibly AP, was more pronounced in both hFOB/ER α 9 and hFOB/ER β 6 cell lines at the late mineralization stage of differentiation. These findings support previous observations that E responsiveness in osteoblastic cells is differentiation-dependent [Rao et al., 1994; Bodine et al., 1998]. For example, Bodine et al. reported divergent actions of E on osteoblast marker genes (including AP) between the matrix synthesis and late mineralization stages of differentiation in cultures of fetal rat calvarial cells, when the ER α mRNA levels were moderately high and low, respectively. Also, SaOS-2 human osteosarcoma cells became responsive to E (indicated by increased AP activity) only after exposure to glucocorticoid [Rao et al., 1994], which induces both differentiation and ER α protein levels in these cells [Sutherland et al., 1996]. It should be noted that osteoblast responses to other calcitropic hormones, including 1,25-dihydroxyvitamin D $_3$ and parathyroid hormone, have also been shown to be differentiation stage-dependent [Owen et al., 1991; Rao et al., 1994].

There are several possible explanations for the altered responsiveness to E during osteoblast differentiation in our cell lines. First, ER activity may be modulated by differentiation-dependent changes in the levels of steroid receptor coregulators [McKenna et al., 1999]. An alteration in the ratio of coactivators to

corepressors has been demonstrated to affect ligand-dependent transactivation by the ER [Smith et al., 1997], and although changes in steroid receptor coregulator levels during osteoblastic differentiation have not been reported, it is possible that the coactivator/corepressor ratio is altered by differentiation thereby enhancing or repressing E action. Second, the ER activity may be modulated by cross-talk with other signaling pathways which in turn are affected by the stage of differentiation. Signaling pathways for E/ER and growth factors/cytokines are known to be integrated because the transcriptional activity of ER α - and possibly of ER β - has been demonstrated to be enhanced by protein kinases A and C-mediated phosphorylation of the receptor [Aronica and Katzenellenbogen, 1993; Migliaccio et al., 1993], and because some cytokines, such as epidermal growth factor, elicit ER-dependent actions [Kato et al., 1995; Curtis et al., 1996]. Third, changes in cell-matrix interactions as a result of differentiation-induced changes in matrix composition, may be transduced to the cell and modify cellular responses to E. In this regard, it is well established that integrins are capable of transducing signals across the plasma membrane [Juliano and Haskill, 1993], and that the type of extracellular matrix affects osteoblast function [Lynch et al., 1995]. Whether any of these processes are responsible for conferring the differentiation-dependent effects of E in the hFOB/ER cell lines will require further investigation.

In addition to differentiation-dependent regulation of ER-mediated responses, ER isoform-specific effects within the same differentiation stage were also observed. In particular, AP activity, type I collagen synthesis, and matrix mineralization were regulated by E in hFOB/ER α 9 cells but not in hFOB/ER β 6 cells. The differential regulation of native gene promoters for endogenously expressed proteins that we observed in the ER α and ER β -expressing osteoblasts is therefore consistent with numerous reports of ER isoform-specific effects on E-sensitive reporter gene constructs [Paech et al., 1997; Zou et al., 1999; Saville et al., 2000]. However, because the relative level of ER α and ER β proteins in the two hFOB/ER cell lines is unknown, we cannot exclude the possibility that some of the differential responses to E described here are due to differences in ER content.

Many of the effects of E on the hFOB/ER α 9 cells were also produced by TAM, including stimulation of AP and inhibition of IL-6 and IL-11, although the effect of TAM in these cells was generally weaker than that of E. These findings are in agreement with the well-recognized ability of TAM to act as a weak E agonist in bone. In contrast to E, TAM had virtually no effect on the hFOB/ER β 6 cell line. The lack of effect of TAM via ER β is consistent with the agonist activity of TAM being mediated through the AF-1 domain of ER α [Berry et al., 1990], an activity which appears to be absent or nonfunctional in ER β [Hall and McDonnell, 1999].

The inhibition of mineralized matrix formation by E in the hFOB/ER α 9 cells is perhaps unexpected since E increased both AP activity (considered to be necessary for biomineralization) and synthesis of type I collagen (the major component of osteoblast-derived matrix). One possible explanation for this apparent discrepancy is that E inhibits mineralization (as detected by the Von Kossa and Alizarin red staining procedures) but does not inhibit matrix deposition. An E-mediated inhibition of mineralized matrix deposition is not an artifact of the hFOB/ER α 9 clone, because similar inhibitory effects were observed in several other hFOB lines stably transfected with ER α . Interestingly, although the increases in AP and type I collagen by E treatment in hFOB/ER α 9 cells are in agreement with studies utilizing other osteoblast culture systems [Ernst et al., 1989; Majeska et al., 1994], they are opposite to the effect of E on the expression of these genes in periosteal osteoblasts examined *ex vivo* [Turner et al., 1990]. In any case, our studies indicate that the levels of AP and type I collagen in osteoblasts, as well as the rate of matrix mineralization, are regulated by E signaling predominantly through the ER α isoform.

Our studies also demonstrate that E inhibited the production of IL-6 and IL-11 in both hFOB/ER α 9 and hFOB/ER β 6 cell lines, whereas the production of M-CSF was increased by E only in hFOB/ER α 9 cells, while the production of TNF α was unaffected. Our results for the agonist action of E and TAM on the regulation of IL-6 synthesis therefore support and extend previous observations showing that E inhibits IL-6 production in hFOB/ER α 9 cells [Kassem et al., 1996], normal osteoblasts and bone marrow stromal cells [Girasole et al., 1992], and in a rat decidual (endometrial) cell line that expresses

only ER β [Deb et al., 1999]. Our findings further suggest that E agonists may down-regulate IL-6 and IL-11 production in all osteoblastic cells expressing ER. Since in our study cytokine concentrations in conditioned medium were assayed, we are unable to state whether the regulation by E and TAM is transcriptional, post-transcriptional, or both.

The regulation of bone-resorptive cytokine synthesis, including IL-1, IL-6, TNF α , M-CSF, and GM-CSF, by cells of either the stromal/osteoblast or monocyte/macrophage lineages is believed to be one of the principal mechanisms for the anti-resorptive activity of E [Manolagas and Jilka, 1995]. However, it remains controversial which cytokine(s) is/are primarily responsible for the increased bone resorption in E deficient states. Both IL-6 and M-CSF have been strongly implicated in mediating the effects of E deficiency on bone resorption [Jilka et al., 1992; Kimble et al., 1996]. The level of M-CSF production in bone marrow stroma has been shown to rise indirectly via loss of an E-mediated inhibition of IL-1 and TNF synthesis by monocyte/macrophages [Kimble et al., 1996; Srivastava et al., 1998]. However, the direct action of E on M-CSF production by osteoblasts was not reported. Therefore, the discrepancy between our findings of an E-mediated stimulation of M-CSF production and the inhibitory effects of E previously reported, may be explained by the fact that we have analyzed direct effects of E on M-CSF production in osteoblasts.

Our findings demonstrating a marked inhibition of IL-11 production by E, via both ER α and ER β , suggest that E regulation of IL-11 may also play a role in the enhanced bone resorption following menopause or ovariectomy. IL-11 is closely related to IL-6, utilizes the same signal transducing gp130 receptor subunit, and consequently possesses overlapping activities with IL-6 including stimulation of osteoclast formation [Girasole et al., 1994]. The contribution of IL-11 to the accelerated bone loss in conditions of E deficiency is currently unknown. Previous investigations by other laboratories have shown E to either inhibit [Cheleuitte et al., 1998] or have no effect on [Kim et al., 1997] IL-11 secretion by human bone marrow stromal cells. Moreover, IL-11 supports osteoclast formation in bone marrow of mice independently of E status [Girasole et al., 1994]. Therefore, our results reinforce earlier studies suggesting that E may inhibit basal IL-11 secretion from

osteoblast lineage cells. It should be mentioned that the effect of E on cytokine/hormone-stimulated IL-11 secretion in the hFOB/ER cell lines has not been examined.

In summary, using osteoblast cell lines stably expressing either ER α or ER β , we have been able to identify responses to estrogen that are both ER isoform-specific and differentiation stage-dependent. Thus, shifts in the overall differentiation state of the osteoblast cell pool, along with environmentally-imposed changes in the ER isoform concentration or ratio in osteoblasts, could result in differential regulation of gene expression in response to estrogens, possibly leading to deleterious effects on osteoblast activity, bone formation, and bone remodeling. Further investigation is currently underway in our laboratory to elucidate the mechanisms responsible for the changes in ER action during osteoblast differentiation as well as to analyze differential regulation by the two ER isoforms of the various target genes identified.

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